COVID-19 Resources for Schools

General Resources for Schools:

U.S Department of Education COVID-19 Website https://www.ed.gov/coronavirus

School Safety Resources for Schools

https://www.schoolsafety.gov/covid-19-resources-schools

CDC Toolkit for K-12 Schools

https://www.cdc.gov/coronavirus/2019-ncov/communication/toolkits/schools.html

Michigan Department of Education Family Engagement Resources During COVID-19 https://www.michigan.gov/mde/0,4615,7-140-5233 99722---,00.html

Social Emotional Learning:

CASEL Cares Initiative SEL Roadmap for Reopening Schools https://casel.org/resources-covid/

Michigan Department of Education COVID-19 Social Emotional Learning Resources Social-Emotional-Learning-Resources-for-Kids-at-Home-during-COVID-19.pdf https://www.michigan.gov/mde/0,4615,7-140--523548--,00.html

Addressing Social-Emotional Learning During COVID-19

https://www.readingrockets.org/reading-rockets-nea-guide/social-emotional-learning-during-covid-19-strategies-and-more

Learning in the Time of COVID-19

https://learningpolicyinstitute.org/issue/covid-19-resources

COVID-19 Parental Resources

https://www.cdc.gov/coronavirus/2019-ncov/daily-life-coping/parental-resource-kit/index.html

Education Webinars and Workshops for K12 Educators and Leaders https://www.panoramaed.com/webinars

For Educators:

Fordham University Social Emotional Learning Educators' Resources
https://www.fordham.edu/info/21065/nysnyc regional bilingual education resource network/11495/
social emotional learning educators resources

SEL and Self-Care Resources for Educators and Schools

https://www.panoramaed.com/blog/sel-resources-for-educators-school-communities-and-parents-related-to-covid-19

Khan Academy for Educators and Students https://www.khanacademy.org

Free Walkabouts Access for Educators and Students http://info.activedinc.com/covid

COVID Resources for Educators https://www.wested.org/covid-19-resources/

Indiana Department of Education COVID 19 Resources https://www.doe.in.gov/covid-19/resources

Physical Activity:

SHAPE America COVID Resources for Physical Education https://www.shapeamerica.org/covid19-resources.aspx

Tools for Creating an Active Home https://openphysed.org/activeschools/activehome

Colorado Department of Education Online Resources for Physical Education https://www.cde.state.co.us/cophysicaleducation/onlineresources-pe

Body and Mind: Classroom Resources for Teachers https://www.cdc.gov/healthyschools/bam/pe pa.htm

Staying Active During a Pandemic Staying%20Active%20During%20Coronavirus%20Pandemic.pdf

Alliance for a Healthier Generation COVID Resources https://www.healthiergeneration.org/campaigns/covid-19

Action for Healthy Kids Game On Library

https://www.actionforhealthykids.org/game-on-activity-library/

How to Create a Circuit Home Workout

https://www.heart.org/en/healthy-living/fitness/getting-active/create-a-circuit-home-workout

SNAP-Ed Toolkit for Physical Activity

https://snapedtoolkit.org/online-resources-physical-activity/

The Cooper Institute Online Physical Education

https://fitnessgram.net/covid19-resources/

American College of Sports Medicine COVID Updates

https://www.acsm.org/learn-develop-professionally/covid-19-updates-resources

GoNoodle for Grown-Ups

https://grownups.gonoodle.com

Fit Kids Home Workouts

https://fitkids.org/homeworkouts

Article from Child Development Institute on Development Milestones

https://childdevelopmentinfo.com/child-development/physical-development-in-children-and-adolescents/#gs.lnx9uy

Nutrition:

Academy of Nutrition and Dietetics Resources for COVID

https://www.eatright.org/coronavirus

CDC Food System Resources During COVID-19

https://www.cdc.gov/nutrition/resources-publications/food-and-food-system-resources-during-covid-19-pandemic.html

Team Nutrition COVID-19 Resources

https://www.fns.usda.gov/tn/covid19-resources

Food Planning During a Pandemic

https://www.choosemyplate.gov/coronavirus

Lunch Ideas for Families at Home

https://blog.cincinnatichildrens.org/lunch-ideas-for-families-spending-more-time-at-

home? ga=2.158293562.1050411936.1606161480-1861265928.1606161480

https://schoolnutrition.org/covid19/back-to-school-resources/